

# Quick and Easy Bean Salad

By DairyFreeGina

**\*\*Dairy Free \*\* \*\*Gluten Free\*\* \*\*Vegan\*\***

This salad can truly be made your way with whatever beans you have in your pantry and whatever fresh vegetables you have in your refrigerator. It's a great way to use those peppers and tomatoes that you have growing in your summer garden



## Ingredients

1 can black beans, drained and rinsed

1 can cannellini beans , drained and rinsed

1 large green pepper ,diced

½ cup red onion, dice

1 16-ounce container grape tomatoes, cut each tomato in half

Handful fresh parsley and cilantro ,

1/3 cup Red Wine Vinegar

Salt and pepper to taste

**Directions:** Put all ingredients in a bowl and toss with one third of a cup red wine vinegar, salt and pepper. Serve at room temperature

