

Review: Kelly's Bake Shoppe
401 Brant Street, Burlington, Ontario L7R2E9
By DairyFreeGina

Note: I was not paid for this review. I purchased all items discussed in review. Opinions are my own.





[Kelly's Bake Shoppe](#) is the sister to Lettuce Love Cafe. At Kelly's Bake Shoppe everything is vegan, gluten free and nut free. When I walked in, I was like that proverbial kid in a candy store. My eyes glazed over and I was almost zombie like as I looked at all of the delicious goodies- all of which I could safely eat. A lot of people go to Kelly's simply because everything is so delicious. They don't have any food allergies or Celiac disease. They just go to Kelly's to get the delectable cupcakes, scones, cakes and cookies.



My husband and I sampled a variety of items. Dean ordered the Snickerdoodle Sandwich which he described as an “angelic cloud between two cinnamon sugar golden discs.” Yeah he liked it!



I brought home two cupcakes and two cookies. It was hard to pick just two cupcakes because they all looked so good. I took the advice of our server and ordered the Chocolate Coconut cupcake which she said was her favorite, and the Sun Butter Jelly Cupcake which she said is quite popular. The chocolate Coconut Cupcake was flavorful and moist and if you like coconut you will like this cupcake. I truly enjoyed the Sun Butter Jelly Cupcake. It was creamy and tasted just like a peanut butter sandwich.



I also brought home two cookies: World Peace Cookie made with pumpkin and sunflower seeds, raisins, cranberries and chocolate chips. And the Skinny Cookie – gotta love that name – made with roasted bananas, sun butter and rolled oats. These cookies were delicious and I preferred

them over the cupcakes because they were not overly sweet and actually tasted somewhat healthy! I wish I had brought more home, especially since I was told they freeze well. Next time.





If you are in Burlington Ontario, make sure you stop by Kelly's Bake Shoppe. You will not be disappointed. Kelly's is open Tuesday –Saturday from 9am-9pm and Sunday 11am -9pm. Closed Monday.

