

Roasted Cauliflower

BY DairyFreeGina

Dairy Free *Vegan* *Gluten Free*



This is a super easy side dish that's healthy too!

Ingredients:

1 Head Cauliflower

3 Cloves Garlic, chopped (Use sprinkle of garlic powder if you are out of fresh garlic)

1 Tablespoon Olive Oil or Coconut Oil

Black pepper, to taste

Red Pepper Flakes, to taste (optional)

Nutritional Yeast, to taste (optional)

Panko Bread Crumbs, handful (optional)

Directions:

Wash cauliflower and chop up into chunks. Put in bowl and toss with oil, garlic, pepper nutritional yeast and Panko. Lay out on a cookie sheet or other baking tray that you have sprayed with dairy free cooking spray.

Roast in oven at 452 degrees until golden brown.

