

Roasted Root Vegetables

“A Make It Your Own Recipe” By DairyFreeGina

Dairy Free

Vegan

Gluten Free



Fall is an excellent time for veggies! All for the root vegetables are in season. You can roast any root vegetables using my method below. Add whatever seasonings you like – Make it your Own!!!

Method:

Wash and Chop vegetables. Put into a roasting pan with 1 Tablesoon Extra Virgin Olive Oil. Add garlic (preferably fresh) and freshly ground black pepper. Set oven to 425 degrees and roast until fork tender.